



Virtual migraine care from the comfort of anywhere

Access network health support for severe headaches.



Get convenient care from expert clinicians

Since migraines affect everyone differently, you'll work with a specialist to create a personalized treatment plan tailored just for you. To get started:

- Complete an online consultation so the provider can learn more about your headaches
- Your personalized treatment plan will be delivered to your home or pharmacy

Why see a specialist virtually?

Receive ongoing care from providers who work to manage your symptoms and help prevent future migraines from coming on. Virtual specialty care offers:

- **Quicker access to care** – Receive your doctor-recommended treatment plan fast
- **A migraine tracker** – Record your headaches to see if your plan needs adjusting
- **24/7 support** – Access a doctor through on-demand messaging for migraine management



Virtual specialty care is also available for:

- Dermatology needs
- Gastrointestinal conditions
- Sleep apnea
- Speech therapy
- Women's health conditions



To connect to virtual care, visit myuhc.com/virtualcare, find it on the UnitedHealthcare® app or scan the QR code



You can also see a network migraine specialist in person – use the provider search at myuhc.com®

**United
Healthcare®**

Virtual Specialists are services available with a provider or coach via video, chat, email, or audio-only where permitted under state law. It is not an insurance product or a health plan. Virtual Specialists are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Certain prescriptions may not be available, and other restrictions may apply.

Available to any adult 18+ with a UnitedHealthcare health plan. Standard copays apply.

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